**Anabel Pelham, Ph.D**

Anabel Pelham, Ph.D., is president of the National Association of Professional Gerontologists ([NAPG](http://www.napgerontologists.org/)) and emeritus professor and founding director of the Gerontology Program at San Francisco State University. Dr. Pelham is the founding executive director of the Center for Age-Friendly Excellence (CAFÉ), a project of the Los Altos Community Foundation, and a former member of the Foundation's Board of Directors. Dr. Pelham is a member of the Board of Directors of the Council on Aging of Central Oregon.

Dr. Pelham’s expertise spans global issues in aging and gerontology, age-friendly cities and community development, community-based health and human services, qualitative research methods, graduate gerontology curriculum development, geriatric care management, life-long learning, and credentialing and accreditation in the field of gerontology. Dr. Pelham has served as a keynote speaker, author, and visiting professor, and has lectured and taught internationally. Her current interests are: creating age-friendly cities and communities, professionalizing the discipline of Gerontology, and developing compassion as a core value in aging.

Dr. Pelham is past president of the California Council on Gerontology and Geriatrics (CCGG) and is active in The Gerontological Society of America, Canadian Association on Gerontology, and The International Association of Gerontology and Geriatrics. Dr. Pelham led the successful initiative to make Los Altos and Los Altos Hills the first Age-Friendly city and town in California. She is a member of the Advisory Council of Grupo Dabvsa, Mexico.

Dr. Pelham lives in Bend, Oregon, and travels extensively to advance academic gerontology and age-friendly communities.

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